



Tips & Tricks to Help the Pod / Site Stick

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Coastal Kids Endocrinology

✦ ALWAYS make sure skin is clean and dry before applying the device.

Helping the Device Stick

Product	How It Works	Where to Purchase
Skin Prep	Contains alcohol and resin so it cleans the skin and makes it sticky.	Amazon
Skin Tac	Comes in wipes or liquid and makes skin sticky (does not contain alcohol).	Amazon
Eyelash Glue (sensitive kind)	Used around the edges of the tape; helps the device adhere to the skin.	Amazon or local stores
Antiperspirant	Plain antiperspirant (nothing with deodorizers) rubbed on skin where the adhesive will be placed can help with sweat.	Local stores

Holding the Device / Site in Place

There are several adhesive overlays that can be added on top of the device for extra support. Most companies will send a free sample if you contact them.

- **GrifGrips:** www.grifgrips.com
- **StayPut:** www.stayputmedical.com
- **ExpressionMed:** www.myexpressionmed.com
- **Kinesiology Tape:** Amazon or sports stores
- **Smith & Nephew Opsite Flexifix (hypoallergenic):** Amazon
- **Dexcom overlay patches:** Dexcom will send these at no charge, once every 30 days — contact Dexcom directly

Removing the Pod / Site (or the Sticky Outline It Leaves)

- Baby oil
- Adhesive remover wipes — Amazon

Coastal Kids Endocrinology and Weight Management ✦ Product mentions are for convenience only and are not endorsements.